

Article

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Time is Now... Go for green health

We must lead the change in Healthcare to manage the climate crisis....

After the pandemic and what we faced, after this big challenge that perturbed the Healthcare system in the world... We started to hear more and more about the climate change challenge. Many Heads of State from Arab Countries during COP26, expressed the great interest to contribute to confronting climate change.

All researches show that the Health sector contributes to the global climate crisis and the Hospitals and Healthcare services must play a dynamic role in leading Healthcare towards sustainability.

Egypt will organize in November the Cop 27 in Sharm El Sheikh and spend efforts to engage all stakeholders to combat climate change, Kingdom of Saudi Arabia launched the Saudi Green Initiative to improve quality of life and protect future generations, UAE through its President Sheikh Mohamad Bin Zayed has pledged 50 billion \$ to address climate change across the world and will host Cop 28 in Abu Dhabi in 2024.

The world is clearly taking climate change seriously. We are all affected by the pandemic, but the threat from climate change to public health is even higher. Surprisingly, the climate and environment are already having an effect on our health and wellbeing.

Unfortunately and despite all these Announcements, The human effect on the planet continues this damage.

We, at the Arab Hospitals Federation took this issue into consideration seriously as we believe in our role to drive hospitals' in creating incentives for change, fostering healthy communities, enhancing environmental impact, supporting the economy, promoting innovative models of care and driving the transformation towards sustainability.

As a CEO in this reputable organization and a passionate change-Leader, I am a firm believer that healthcare can lead this change, as it has the capacity to transform people and advocate for this cause.

I trust that Our Arab Healthcare Institutions are joining efforts to face this new challenge, as well the Healthcare leaders are working hardly to drive this transformation towards sustainability and their efforts need to be appreciated , encouraged and recognized by all.

It's clear that urgent policy actions are needed.

Healthcare Leaders must have more and more the culture to believe in this cause, the Healthcare professionals must be trained and armed with the right tools so that solutions are scaled across national and global healthcare networks, the Healthcare Organizations like us must play the role to advocate the sector and to follow the recent strategies, tools, initiatives ,.....

The Digital Health can be a part in treating patients at home, lessening the impact on the environment. The telemedicine and TeleHealth will reduce the carbon footprint through reducing transport-associated emissions .

The AHF New Vision in Healthcare facilities design affirm that Hospitals must be more climate resistant meanwhile through many points and levels. The "climate smart hospital" of the future that encourage the development and supply of sustainable products can ensure that our patients receive the care they need without interruption. The Roof gardens and walls are must needed as they purify the air, help reduce noise and lower ambient temperature, and are much more pleasant for patients, visitors and staff alike. We believe hospitals should not be shaped as hospitals but as a wellbeing corner. Without forgetting the Renewable Energy and the Energy efficiency, the Water Treatment, the Waste Medical Management and other....

I'm inviting all the Hospitals in Arab world, all the Healthcare bodies to participate in our Initiatives that is in line with their mission to build a healthier world.

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